

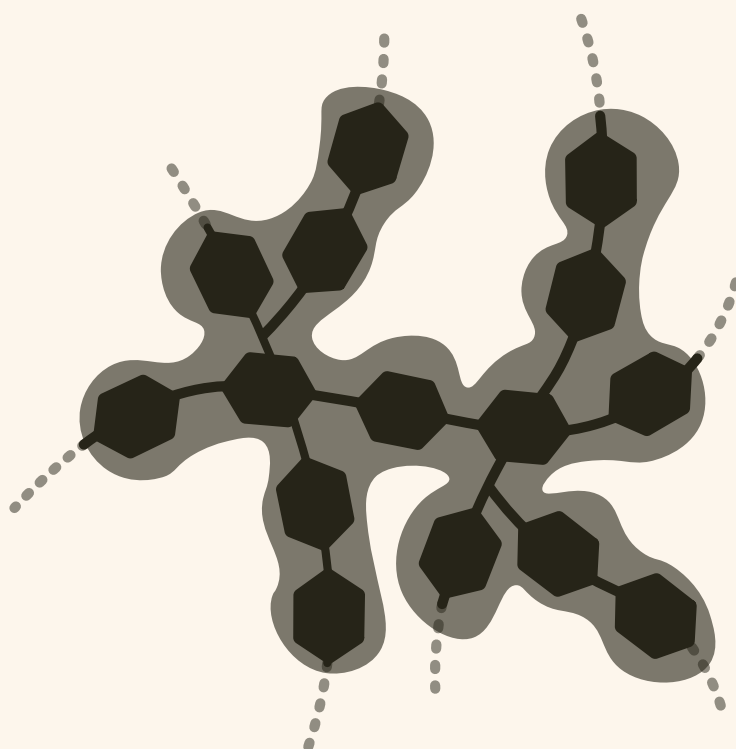
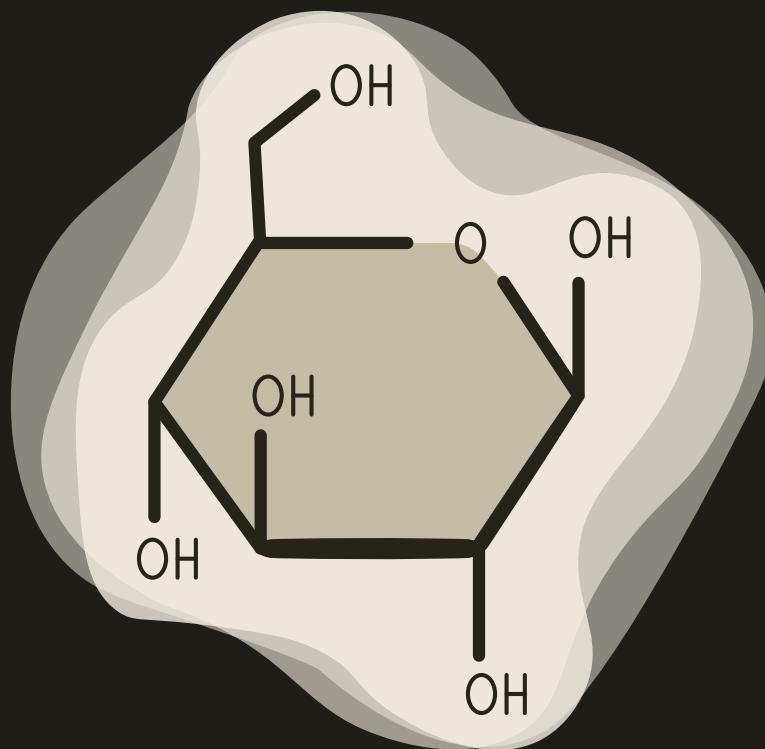
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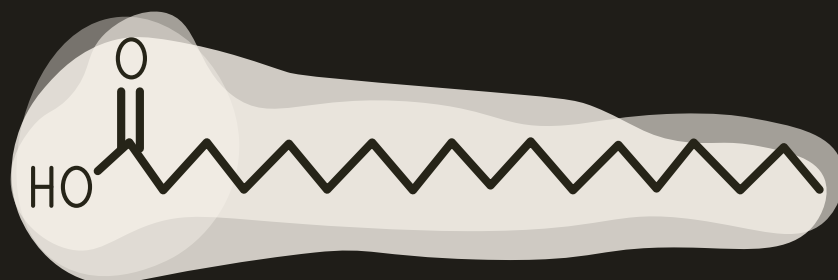
SCIENCE FOR LITTLE ONES

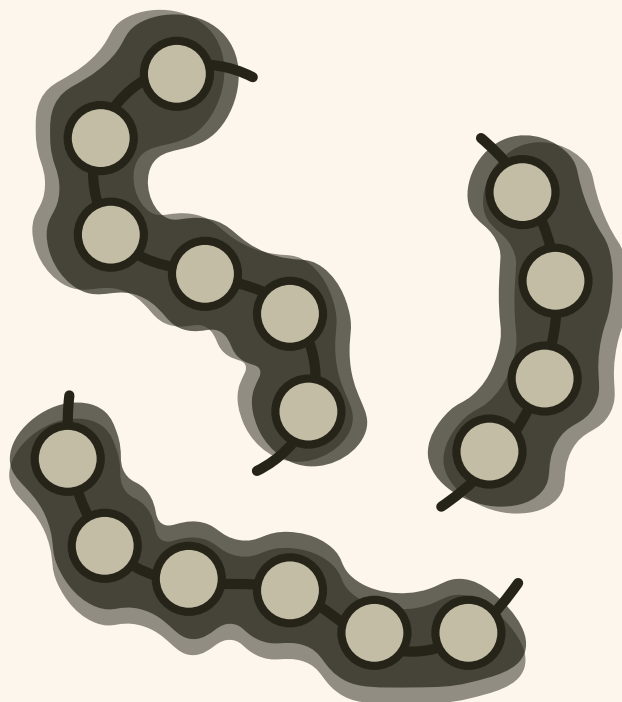
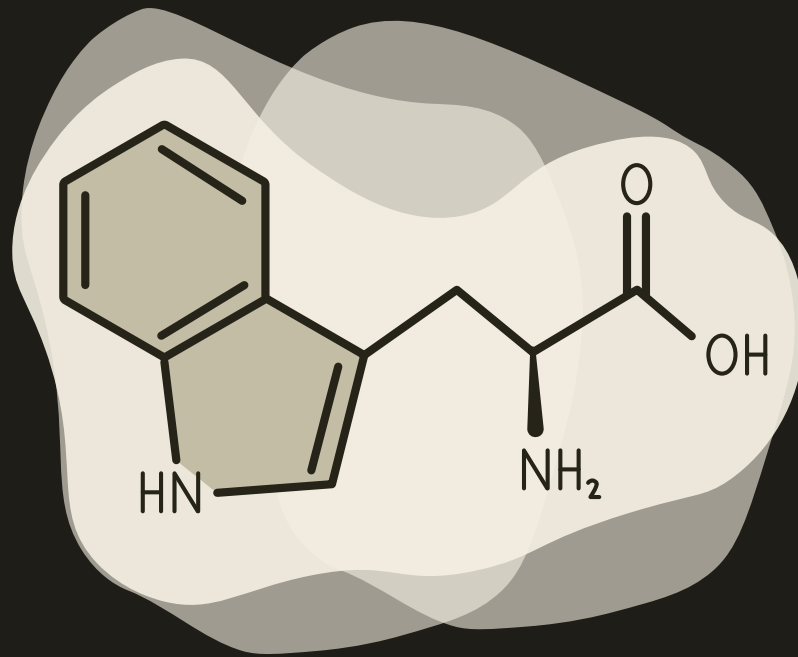
Pack 8: Inside Your Food

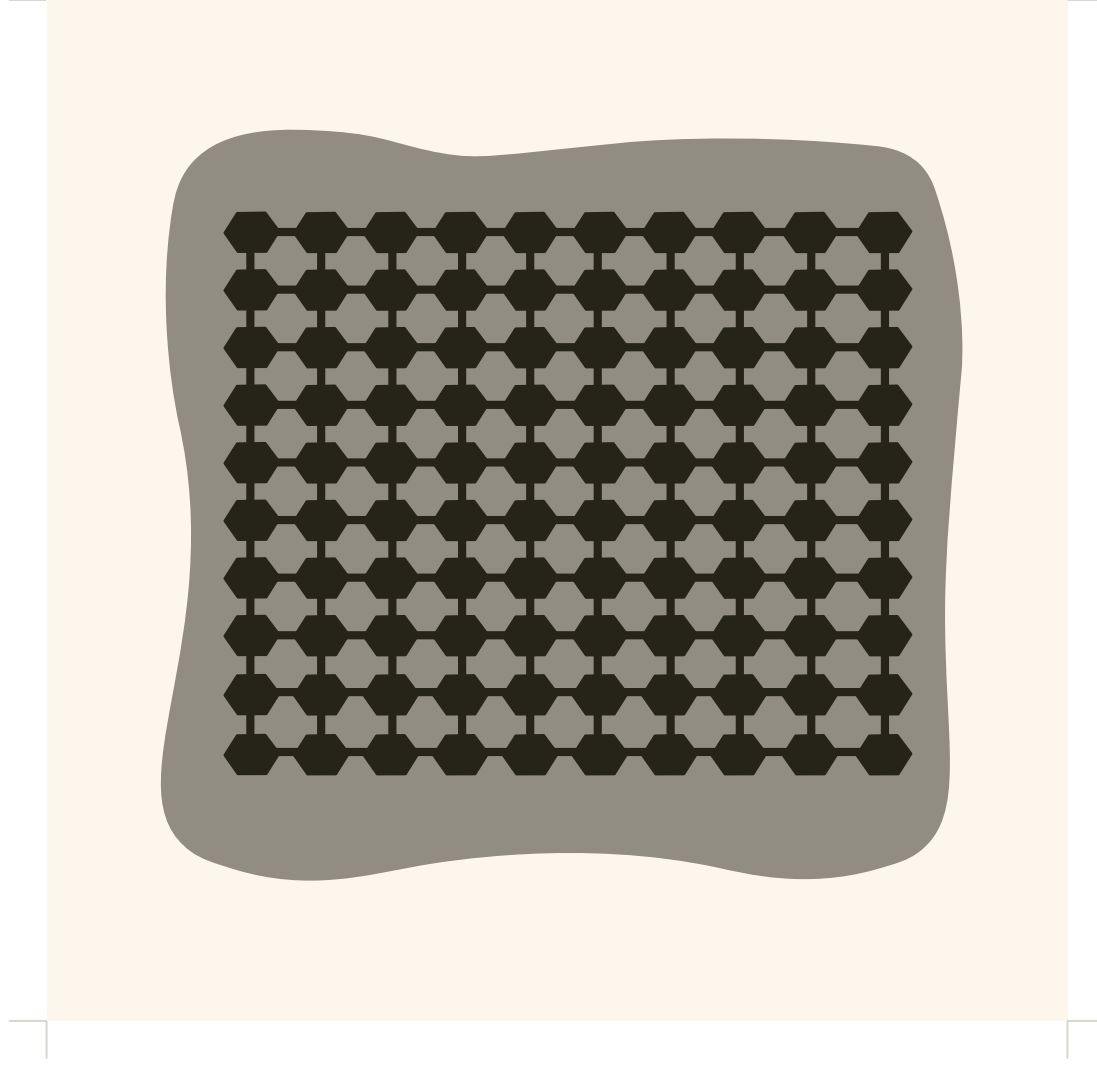
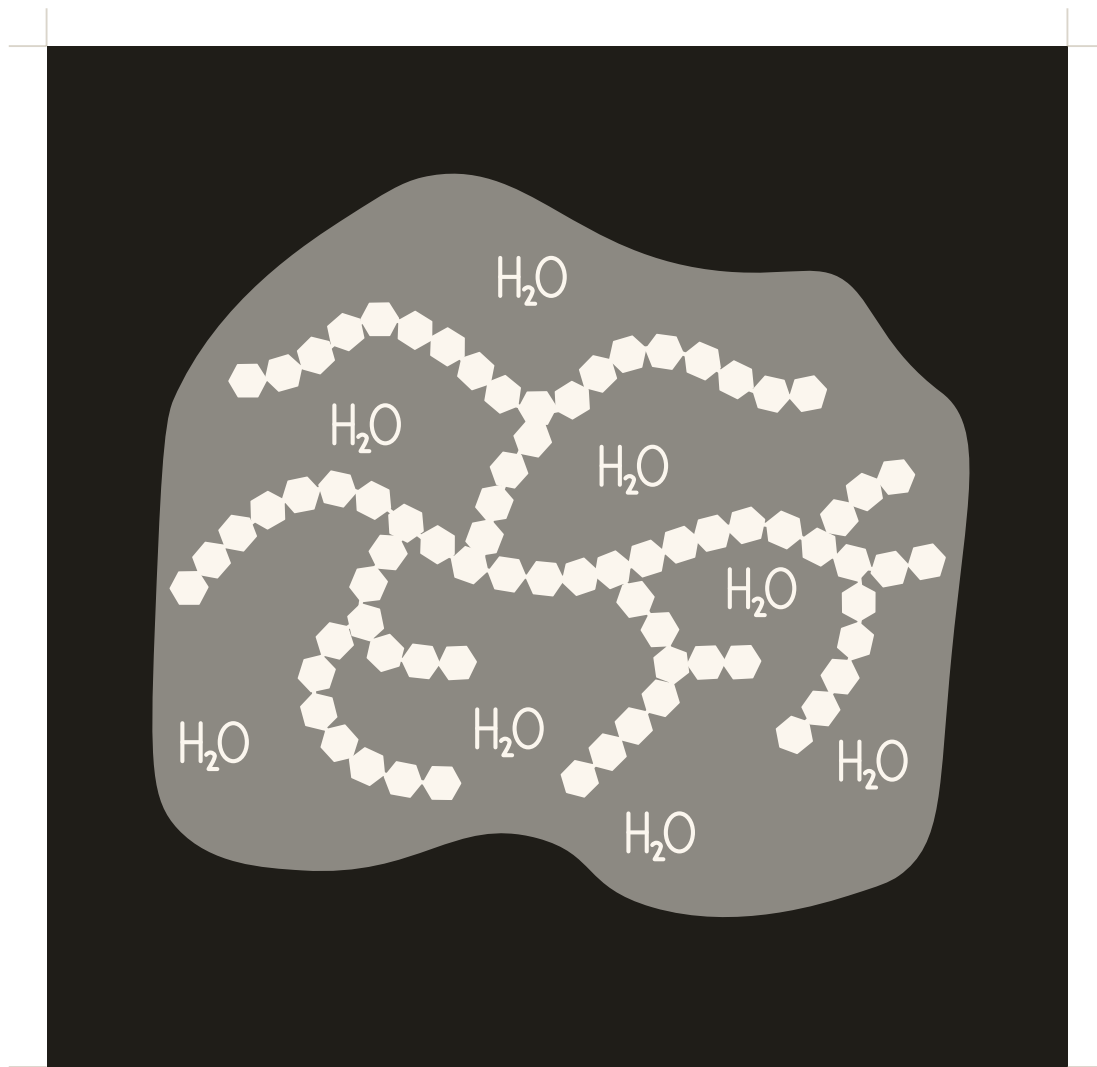
High Contrast Cards

8 cards · 0-6 months









How to print

1. Print

Print the card pages at 100% scale.

Use thick paper or cardstock for best results (200–300 gsm).

2. Cut

Cut along the edges of each card.

A paper trimmer gives the cleanest edges, but scissors work too.

3. Optional: laminate

Laminating makes the cards baby-proof and wipeable.

Use a matte laminate to avoid glare.

4. Use

Hold the cards 20–30 cm from your baby's face.

Newborns see high-contrast patterns best.

Let them look for as long as they're interested,
then move to the next card.